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**The Tau Symbol for Global Peace and Reconciliation of all faiths as One**

## ABOUT THE COURSE

### *The Tree of Life Course in Essenic, Mayan and Inner Faith Practical Spirituality and Soul Development otherwise known as "The Tree of Life."*

This course has seven Modules of learning from the heart to the heart of God. Each module will essentially be a journey of your soul to your God through practical spirituality that is more about reawakening God's Feminine and Masculine energies to self heal all that was lost and broken by man's inhumanity to fellow mankind.

The course is not about embracing God through academia but more from an holistic way of life that has stood the test of 8000 years of spiritual learning based on the Therapeutia Essene's of Alexandria and Mount Sinai combined with the Mayan's and Inner Faith Franciscan's Tree of Life.

1. Does your heart resonate with St. Francis/Lord Kutumi's energies?
2. Would you like to get to know more about St Francis?
3. Is your heart troubled by the state of the world caused by man's inhumanity to one's fellow man?
4. Are you willing to get involved in a practical way to help generate positive energy from your own home and sacred space?
5. Do you have a love for Nature and the Natural World?
6. Do you benefit from being with nature - God's Cathedral?
7. Are you familiar with the words 'K.I.S.S?
8. Would you welcome additional support in rediscovering how best to connect with healing energies of the Divine Feminine to self heal?
9. Are you ready to let go of your life by surrendering your heart to Source?
10. Is your heart crying out for stability, inner peace and solace in your life today?
11. Are you searching for new methods that have stood the test of time (8000 years) to help you release and reclaim your inner child and experience a meaning and purpose in your life?
12. Are you aware that the Essenes (men and Women) are the Founding Fathers of Psychotherapy and reprogramming negative mindsets into positive affirmations?
13. Would you like to rediscover their healing tools to reprogramme your Soul's DNA today?
14. Is there a need for Balance -Harmony and Divine Connectedness in your heart-home-career and sacred space?
15. Would you appreciate knowing how to work with the sacred influences of the Archangels and their essence used in the Angel Bagua to self heal?

16. Do you know what the Angel Bagua really is? If not, would you welcome knowing how to use it effectively to self heal through nature?

If you have answered YES to any of the above, then maybe this course could be right for your heart to unlock the Mystery of the ancients and reclaim your personal power and start to enjoy living your life to the full.....

## ***The Tree of Life Course in Essenic, Mayan and Inner Faith Practical Spirituality and Soul Development***

*A hands on course in Holistic and Practical Spirituality embracing the Natural World-the Franciscan soul of God's Creation through the eyes of the ancient indigenous Mayans and Essenes of Egypt*

# **The Tree of Life Course**

*A hands on course in Holistic and Practical Spirituality embracing the Natural World-the Franciscan soul of God's Creation*

### **Module 1: Angelology:**

Reconnecting with the Four Spheres of Angelic Beings of Love through the Tree of Life. A soul journey to God working with Mother Earth and the Four Spheres of Angelic Servers together with the Elementals, Nature Spirits and Tree Devas.

### **Module 2: The Divine Feminine -The Pistis Sophia**

Resurrecting the Divine Feminine energies of Magdalene, Quan Yin, Isis and Mother Mary to self heal using ancient ritual used by Magdalene in the Temple of Isis at Philae, Egypt.

### **Module 3: The Cosmic Christ, Jesus, the Barefoot Galilean**

Reawakening the Divine Masculine energies of the Lord Christ or otherwise known as the Lord Sananda Jesus to activate the healing vortex of Love and Light to self heal.

### **Module 4: Esoteric Essenic Spirituality**

Embracing the ancient teachings of the Essenes of Egypt, Nazareth and Mount Carmel to reprogram the Soul's DNA. A brief overview of the Johannine Essenic Community established by Magdalene and Saint John to safeguard and protect the original teachings of Jesus at of Mount Carmel.

### **Module 5: Seven Keys of Franciscan Spirituality**

Unlocking the keys that will unlock the soul to reawaken to the Divine Feminine and Masculine within.

### **Module 6: Creating a Sacred Space for Divine Connectedness**

Establishing a healing vortex of light incorporating the Divine Blueprint of the Angel (Feng Shui) Healing Bagua and Trigram. A practical tool that works with seven named Archangels incorporating their essence healing energy through colour, sense and smell that will promote self healing and the healing of the planet.

### **Module 7: A private Franciscan Retreat**

## **THIS AN ONLINE CORRESPONDENCE COURSE BY OPEN LEARNING**

The Course includes:

- All Course Materials.
- Online Correspondence with online or Telephone tuition from Brother Sean in person
- Certificate of attendance

### **Non Tau Members:**

**Cost: £299.95. Or by 7 instalments @ £42.85**

**Further details from Brother Sean:**

**E.**Mail: [Brothersean2012@aol.com](mailto:Brothersean2012@aol.com)

**T**: 01524-762292 (office hours only)

**Watch the Youtube video about this course:**

<http://www.youtube.com/watch?v=6pZ5PfZfwHI>

**W**: [www.interfaithfranciscans.com](http://www.interfaithfranciscans.com)  
[www.monasteryofsaintfrancis.com](http://www.monasteryofsaintfrancis.com)



## **A Franciscan World View ?**

### **What is a worldview?**

According to Loretta Abbott she states that, 'Every person has a worldview. Here's how some have defined it: "How we view the world. Our ideas about the world that determine how we live, decisions we make, and our response to others. The ideas we have that determine our thoughts, decisions, and actions." (Rewired Worldview Curriculum by Chuck Colson and Teen Mania) "A worldview is your belief system - a total way of looking at the world, the way you understand reality, or what the world is all about. A worldview is the 'Big Picture' of life, and it is a coherent view that gives meaning to the individual pieces of your life." (Worldviews in Focus: Thinking Like a Christian by David Noebel and Chuck Edwards) In other words, your worldview is what you believe, which in turn affects your value system which then determines your behaviour and actions.'

### **Jesus is the basis of a Christian worldview.**

"So then, just as you received Christ Jesus as Lord, continue to live in him, rooted and built up in him, strengthened in the faith as you were taught, and overflowing with thankfulness. See to it that no one takes you captive through hollow and deceptive philosophy, which depends on human tradition and the basic principles of this world rather than on Christ." Colossians 2:6-8

### **Saint Francis is the basis of a Franciscan Interfaith Worldview.**

The updated Franciscan worldview may be perceived by many Catholic Christians who are 'set in their religious belief,' as nothing more than an over indulgence in a New Age philosophy that has no relevance for followers of Saint Francis. To adopt the Franciscan worldview, the soul needs to be open and receptive to the promptings of the Holy Spirit of Divine Love that enriches the soul with 'regular updates' using modern technology such as the Internet Highway, to convey the word of God to those who have 'ears to hear and receive God's Truth.'

I believe that at the very heart of Franciscan Spirituality there is an acceptance that our Creator God has both male and female energy as evident by the reference to,

**'Our Holy Father Mother God.'** Saint Francis approached God through simplicity and humility and his spiritual life was greatly inspired by His Master Jesus. This selfless, reverent spiritual love affair that both men shared on a purely spiritual level became the sole driving force behind many of the teachings that Saint Francis wrote for his followers to adopt in their search for God through simplicity and humility. The intense spiritual live affair that engulfed the soul of Saint Francis became so intense that finally he was given the stigmata, or same hallmarks of his crucified Lord, Jesus Christ.

In his personal faith journey, Saint Francis acknowledged against the teachings of his Church, the presence of both the Divine Feminine, Mary Magdalene as well as the Masculine energies of Jesus. Yes, he had a devotion to Mother Mary but he knew that as Magdalene was the 'Beloved Disciple, whom Jesus loved,' he restored allegiance to balancing both energies and avoided the route of adherence to the traditional doctrines imposed by the Catholic Church. Franciscan spirituality embraces a new concept of balance, harmony and divine connectedness by not only acknowledging the presence of the Divine Feminine but also shows a great reverence to Mother Earth and all creation as noted in the respected 'Canticle of the Creatures.' The spirituality of Saint Francis embraced a 'New World Order' of four important ecologies that would challenge the entire Christian world of that era to the present day. Instead of adhering to the Roman Catholic view point, Saint Francis adopted the Catholic or Universal view that as children of the same loving God/dess, we are all one in the eyes of God. Here we have the birth of interfaith dialogue between Saint Francis and Jesus seeking reconciliation for all mankind to be as one, just as Jesus is with His Father Mother God. Franciscan Spirituality takes the cry of Jesus from the cross to his heart, 'Father, I pray that they will be one as You and I are One.' The wearing of the Tau symbol is a daily reminder of God's cry for the unity and reconciliation of all faiths and none to unite as one spiritual family in God for God. The Tau symbol represents our arms outstretched in prayerful supplication to God for that unity.

### **Franciscan Spirituality is an Ecology for Soul Seekers Everywhere.**

**Francis of Assisi, in his living the Gospel of Jesus Christ to the full, gives us an example of 'Four Ecologies:**

- an environmental ecology, living in harmony with creation and Mother Nature and the Elements.
- a social ecology, embracing all people as brothers and sisters regardless of colour, race or status.
- a spiritual ecology, in praise of the Father Mother God as Creator of all things.
- an interfaith ecology, inviting all soul seekers of truth enter a new concept of living practical spirituality in the modern world regardless of one's religious persuasions.

The Tau Community of Saint Francis is a 'Virtual Interfaith Spiritual Community of ordinary men and women who have heard the call of Saint Francis speaking to their hearts about how they can be of service to the same loving God as they seek to

express and share this 'integrated spiritual vision/ecology' for the sake of and out of love for God's world by providing the following:

- ⊗ a vehicle whereby mankind can embrace religious diversity without compromising one's spiritual values as they search for lasting peace and reconciliation of all Faiths to unite as 'One Spiritual Family' sharing God's love for all and to all
- ⊗ a unique concept of sharing God's Love through a common sensed approach of putting practical religious/spirituality into positive action for all who are seeking peace where mutual respect is essential for the integration of all faiths/beliefs.
- ⊗ a spiritual monastic community, (a monastery without walls) based on the core values of Franciscan Spirituality, where the Creator God is Love and by inviting all to come and share that love as brothers and sisters by embracing a 'spiritual way life,' from the comforts of their own home.
- ⊗ an online network providing spiritual support for those in need of spiritual guidance and daily prayer.
- ⊗ An online network providing spiritual information for those who are guided by God to advance their spiritual life further.

The Franciscan worldview of entering a 'Franciscan spiritual retreat' for personal soul development, entails a spiritual journey of re-treating from the world for a closer personal relationship with one's God/Dess. The teachings of Saint Francis are rooted in both the ancient and modern concepts of God as demonstrated by the Essenes, Druids, Celts, to name but a few. Though the Catholic/Christian Churches down through the centuries have added their own perception of how they perceived the soul's journey for a 'religious/mystical' experience, it would suggest that they have focused to a great extent more on the individual/s adopting their dogmatic teachings as emphasized in Canon Law. On the other hand, it is regrettable that the New Age Movement have liberalized and apparently trivialized the simplicity and integrity of the 12<sup>th</sup> century man of God, Saint Francis of Assisi.

In every generation God summons ordinary men and women to take on the might of the 'Religious and Civil Authorities' who shackle God's people with their agendas to coerce and default on offering to God what is rightfully Gods'. I believe that Saint Francis was chosen by God to repair the damage caused to by His chosen representatives in the 12<sup>th</sup> century. Who could have imagined that a group of ordinary men and women disguised as a peasants under the leadership of Saint Francis could effectively change the course of spirituality. Because of the imposing threat from their reverence for God, their humility and fellowship soon began to spread from the fields and valleys of the Italian landscapes to the very heart of the Catholic Church in Rome itself. Clearly, it was never the intention for Saint Francis to establish a monastic community, God had other plans for this vibrant breath of Divine Love that was attracting thousands and millions of followers away from the corrupt Church to serving God by embracing the ordinariness and simplicity of a fulfilled life in union with Mother Earth, the animal kingdom as demonstrated by

**the Canticle of the Creatures and the love that Saint Francis afforded to his beloved Brother Sun and Sister Moon.**

**In this age of religious disquiet and public unrest, mankind it would seem has lost its way and has become 'spiritually impoverished' whilst desperately seeking clarity to the mayhem and confusion perpetrated by the many false prophets of gloom and doom who sell their wares and whose sole aim is to enslave the innocent and vulnerable into their schools of false ideology that denies the very existence of God or a Supreme Being that is known by many other different names. Saint Francis is perceived by many who are involved in the 'Interfaith Arena' as the Founding Father of Peace and Unity of all faiths and none. He demonstrated a way of life as opposed to standing in a pulpit and screaming at God's children to live in fear of a loving God. Instead, Saint Francis opened his arms to everyone regardless of their status in the local community. His intense love for God was a hand's on love as demonstrated by his active care and support of lepers. His wisdom spread far afield and soon he was seen as a 'man of God' who reflected the face of His Master Jesus. His spirituality was soon labelled 'Franciscan Spirituality' and has attracted many thousands of men and women to forsake the worldly pleasures for the cloistered life. Why?**

**Today, the spirit of Saint Francis is alive not just at his birthplace of Assisi, but has found a new spiritual watering hole in Storth, South Lakes, that lives to the spirit of his original teachings dating back to the 12<sup>th</sup> century when he set the world ablaze with clarity, simplicity and reverence for all of God's creation.**

**So, what does a Franciscan Retreat consist of? Firstly, it embraces the Divine within your soul and instead of feeling afraid of the Divine, there is an insatiable longing within the soul to return to its' spiritual home. As with all faith journeys, there is a sense of real expectancy to receive a miracle and live in an eternal euphoric state of mind. Franciscan spirituality is unlike anything else! It is spirituality that is practical, accessible, effortless and affordable for all who ask for it. It embraces the ancient principles and values of all the world's major religions placing an emphasis, not on academia, but more on giving the heart permission to breathe and Be!**

**A Franciscan retreat in the 21<sup>st</sup> century is an encounter with God that has no beginning or end. It is open and yet, it is endless for the soul in search of clarity and truth. Unlike many other retreats, a Franciscan retreat has no stipulations other than come with an 'open mind to receive' and that your heart is ready to dance the 'sacred dance' with Mother Earth, her helpers and friends of the animal kingdom. When the soul takes responsibility to actively engage in such an experience, Saint Francis walks alongside each and every soul as it enters the cathedral of Mother Nature's domain. There, the birds become the eternal choristers chanting the praises to God. The animal kingdom patiently wait for us to join them in song too. All that they ask is that we reverently respect that they too have a rightful place with mankind in their search for a more peaceful and loving world that recognizes God as their Creator.**

### **A Franciscan Retreat embraces Source through the following:**

1. The senses have an important part to play in acknowledging the beauty of all creation.
2. Holism and Alternatives play an equal part in our self healing process.
3. K.I.S.S. (Keep It Simple Server) is the key that unlocks the very heart of God in all creation.
4. The Angelic Messengers of the Four Spheres as represented in the Angel (Feng Shui) Healing Bagua. A sacred tool given to Brother Sean in 1999 as a self healing tool to overcome the impact of severe mental illness using color and plant essences.
5. Creating a sacred space to rest, play and enjoy being a co creator or child of God.
6. Embracing the seasons and their gifts.
7. Connecting with the energies associated with the Divine Feminine (Magdalene) and with the Divine Masculine (Jesus Christ). Both energies when combined as one create balance, harmony and Divine Connectedness within the soul.
8. Honouring the responses from the heart as coming from God.
9. Discourages the use of NLP (Neuro Linguistic Programming), or similar techniques that control the heart to deny channeled messages from Source.
10. The ancient teachings of the Essenes to re-programme the mind and bring it into subjection of the heart centre.
11. Embracing the positive view-point within all religious faith teachings that will enable the heart embrace a God of love not fear.
12. Using all that Mother Nature provides for us and adopting a more holistic, alternative approach to wellness and wholeness.
13. Embracing an eco friendly understanding of the Earth.
14. Adhering to the earth's code.
15. Adopting the Tree of Life and the symbolism of the 7 Branches and 7 Roots connecting mankind with the sacred healing energies of Heaven and Earth.
16. Working with all groups who show respect for the diversity of the human being.

### **A Franciscan Retreat really does provide the soul with:**

- Joy.
- Liberation.
- Clarity.
- Freedom.
- Reverence.
- Respect.
- Humility.
- Spiritual Abundance.
- Prosperity Consciousness
- A clearer understanding of the differences between religion and spirituality.

- A desire to want to actively engage with God and creation as part of one's faith journey.
- The desire to surrender and submit one's ego, dreams and aspirations to God in service for the whole family of God's creation to be liberated and set free of 'self.'

### **When can one make such a retreat?**

A Franciscan retreat can be made at any time. Here at the monastery of Saint Francis, Storth, South Lakes, we offer you the opportunity to take a Midweek 2 day retreat (Tuesday – Thursday; or a 3 day residential weekend retreat (Friday-Sunday). Open 50 weeks of the year. The monastery is closed to the public for Easter and Christmas.

### **Where can you make a Franciscan Retreat?**

Anywhere! However, I would strongly recommend that a suitable establishment such as a Franciscan house of prayer namely, a convent or monastery. Here in Storth, we have established a small monastic community who live to the spirit of Saint Francis's teachings as members of the Tau Interfaith Spiritual Community.

### **What to do now?**

For information about taking this course please feel free to contact Brother Sean, the course facilitator.

If you wish to know more about other courses or, and retreats with Brother Sean, please direct your enquiries to the address below:

**Namaste**  
**Rev. Brother Sean TCOSF**

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