

## Monastery of Saint Francis Newsletter Easter 2010

A message from our Father Ted to our Friends and Members

This newsletter is written from the heart and where specific reference is shared as coming from 'Source,' our beloved Father Mother God, it was written as it was given without any corrections!

The Easter message poses a real challenge to who are embroiled in the 'me culture' where pretence, denial and mind games to coerce God's Olympians preventing them in their final preparation for the coming of 2012.

The message from the Cosmic Christ this Easter is a message of **HOPE** to all those who recognize the face of the antichrist and are willing to 'name and shame their fears.' And to anyone who call themselves 'Workers of Love and Light' there is a set of challenges which will separate the sheep from the wolves in 2010 until 21<sup>st</sup> December 2011.

Easter 2010 is that long awaited time in our final preparations for the Dawn of the New Aquarius surrounding 2012 and is now precipitated by God calling a pre 'spiritual election' challenging the Church and all Light Workers face who they really are and more importantly, who and what they really represent in the final build up to 21<sup>st</sup> December 2012. Read on.....The message from the Cosmic Christ, The Divine Feminine and Saint Francis is succinct and focuses more on the simplicity of embracing one's Divine Truth.

As a young boy growing up in a large Irish Catholic household, Easter was a wonderful time of celebration particularly having endured the gloom and doom of the enforced 40 days of Lent. Children dreaded Lent because it was a time of 'gloom and doom' where we were forced by our awful religious teachers, the Irish Christian Brothers and the fearful Irish Sisters of Charity. Their enforced beliefs of 'going without our goodies' did not rest well for our hungry stomachs particularly our penny bars of toffee fudge. Through Lent, they would forever remind us that we should not forget that it was because of our sins of gluttony, Jesus was crucified in agony. So many of us hated school for being punished over and over by their religiousness and overly friendly use of the strap filled with old coins! I guess in reality, what they perceived as God's will for their innocent subjects was nothing more than their excuse to crucify children and place them in a perpetual fearful

relationship with a Loving Father Mother God. Could this be one of the many reasons why so many of us couldn't wait to leave school to taste the pleasures of the 'world-the flesh and the devil? In our childlike innocence many of us would abandon the faith of our Fathers and Mothers because it was too severe and lacked the capacity of love. It was not interfaith but cesspit of deeply disturbed individuals who were without a soul. Their religious observances to ritual and duty devoid of true love soon became an unhealthy framework which culminated in many thousands of young innocent minds abandoning religion even their God.

Despite the rough and tumble of having to cope with a strictly Catholic upbringing there were many positive memories where we secretly turned the negative aspect of Lent to develop our very own mini markets or goodies shop! We would start our sweetie's emporium by saving every last penny of our pocket money to buy sweets and lots of chocolates which we would hide in our make shift shoeboxes discreetly hid behind Mammy's hat box on top of her wardrobe. And when we got home on Easter Saturday night from a five hour Church service frozen, fed up and hungry, there was no alternative but to raid the Lent goodie box and munch our way through forty days of 'Heaven on Earth.' Sadly, for some of my brothers and sisters who broke their Lenten Fast by secretly snatching their supply of sweeties, they would be on the warpath begging, stealing and cajoling the younger family members to hand over their treats! Such innocence and devilish pranks would be laughed at by a younger generation today but they were fun unknown to our Parish Priest, the Irish Sisters of Charity and the strict Irish Christian Brothers!

Entering a Catholic monastic nursing order aged 16 was not 'sex, drug and rock and roll as we were led to believe by the visiting Vocation's Directors to our schools! I guess they would play mind games to get recruits and boy did we fall prey to foolishness. In saying that, as a young monk I never relished the forty days of fasting and abstinence but when Good Friday morning came round the trainee monks would relish not having to rise at 05,00am due to their being no mass on both days. When Easter morning arrived, the pomp and ceremony was electrifying recharging the soul if not being knocked out unconsciousness by the over indulgence of too strong incense! Easter eggs were things we imagined but never got. However, the sumptuous feast was celebrated in traditional Catholic style with a six course lunch leaving no room for loitering in the cloister on a over grown stomach where the extra home grown veggies were now beginning to ring out across the valleys. HA! Such memorable and interesting times were had by all and

then it was back to normality, more bread and water to recoup the monastic waste lines or be without the habit!

As an older and hopefully wiser monk, although I don't subscribe to all that former traditional ritual and sacrifice, I do look forward to celebrating Good Friday as it is a special day in my life still. For me, 3pm on Good Friday is a truly awesome time when many emotions come to the fore especially knowing that Jesus surrendered His life for my freedom. Over the years, I have seen this special day in the Christian calendar as being representative of the birth of Love and Light hence its powerful significance in my monastic enclosure. In my own inimitable style, I prefer to be alone seeking the stillness rather than being surrounded by hundreds of churchgoer's who expect all the pomp and ceremony associated with this great feast. On a purely personal level, the celebration of Easter is a special time where the solitude of one's monastic lifestyle provides more spiritual comfort than being surrounded by distractions. There is something about just holding the light and sitting peacefully in one's own solitude where the soul seeks aloneness with one's God and where opportunities allow the heart to just engage in sacred dance as a celebration of one's life.

Here in our small village the neighboring Church celebrates Easter with the usual traditional rites of smells and bells! I prefer to get into the monastery garden and give our monastery bell several good hearty rings to wake up the fraternity sat in Church next door. Their ages range from 60 to 90 years and I guess when Father Ted starts peeling out the monastery bell they soon sit up and begin to wonder whether there is a fire or an ambulance on its way. HA!

Since Brother Robert and I opened our doors to the weary traveler in search of respite we have welcomed many visitors and their guests into monastery guest house pleasantly situated in this delightful sleepy village. Clients who hear about our facilities are guided to come here by word of mouth hoping to chill from their inner city life. For some, the readjustment is or seems to be a real uphill struggle for them because they have become acclimatized to noise and find it really challenging not to have the TV blaring out. What really unsettles them initially is the sheer stillness and peace which prevails in the gardens and the monastery guest house from early morning until retiring! When they finally do reacquaint their mind and body to the health benefits of embracing the 'Peace,' they begin to love it. When it comes to their day for departure, so often we find that those who live in inner cities really don't want to go back there especially to living in a 'rat race' where neighbors have become total strangers whereas in this small village,

they have come to feel a part of it. If you would like to visit us then why not come along to the open gardens being planned for our village on Saturday and Sunday 3 and 4<sup>th</sup> July. The gardening club have asked us to open the monastery gardens along with several others in the village to help raise funds for the local village hall. We plan to invite our members to start getting busy making their arts and crafts including our 32 varieties of homemade chutney from the monk's kitchen to help boost the community's coffers. Please feel free to visit the village website at: <http://www.storth.com/index.htm>

Living here is like living in Paradise because it is very much like that small village where Miss Marple is filmed. There is a hidden gem within the fabric of living in such a small village that resembles more of the 1940's than the 21<sup>st</sup> century! I guess we appreciate the reason why many of the local residents are most reluctant to tell too many outsiders about life here for fear it will lose that something special which makes it endearing to all our guests. Please feel free to click on the above village website which one of the locals developed for the benefit of everyone. Being a resident here is a delight why? Where does one find a place like Storth where one doesn't have to lock their doors; where recipes of the latest cakes or food dishes are frequently displayed on the street lamps; where in the whole of the UK does one find a village which resembles Miss Marple's village; where would find a place where crime is nonexistent because the neighbors really do care for each other; where would you find another place that celebrates the death of a pet when it returns home to Saint Francis's sacred garden in the sky? Here, locals know you not by your name but by the name of your pet/s. Ha!

Living here is something that we never take for granted because we know that at any time we could be moved on to say, an inner city complex to continue God's ministry. I accept that there are no definite guarantees in life! However, what I do know is 100% guaranteed is that if we make time to listen to God's Spirit speak to our heart in silence, then we are given a resounding affirmation which most definitely assures us that when we surrender our heart to God totally without holding back, there is a release from the 'me culture' which stifles our mind, body and spirit from valuing God's Peace and Silence.

In our small oasis of Francesco love, both Brother Robert and I have honored our hearts by allowing God's angels become our teachers. Over the last six years, they have made it clear that despite having trained and qualified as a sacred garden designer, I have been told in no uncertain fashion by our Angel Garden Designers

that we are their laborers and not the designers! What images you see on our website at [www.monasteryofsaintfrancis.com](http://www.monasteryofsaintfrancis.com) is solely down to their spiritual intervention and creativity following the Divine Blueprint they gave us back in 1999 as the Angel Healing Bagua. Many of our visitors are totally bewildered by the flying CDs dangling from our trees around the monastery gardens. They remain intrigued until they discover why they are there in the first place. Each CD has the recording of the Prayer of Saint Francis and when the rays of Brother Sun and Sister Moon reflect from each CD, what actually happens is that Divine Love is released from our Assisi of the South Lakes out to the wider community and across the hills, mountains and oceans spreading a simple message of God's peace and compassion as a gift from our Community of Interfaith Franciscans, We are enormously proud of what God had achieved through our availability and vulnerabilities as members of the Tau Interfaith Franciscans monastic community of St. Francis because we know that since we were guided to surrender everything, we lost nothing! In fact, through our surrender of me, the self, we have been given the hundredfold in this life where all our needs are provided for regardless of what others perceive as pure madness. In our commitment to serve a universal God as Kingdom Builders for a safer and better world where all faiths are loved unconditionally and where we are invited by the energies of the Cosmic Christ, the Divine Feminine and Saint Francis, they allow our hearts embrace the face and essence of God through the Natural World - the Franciscan Soul of Simplicity!

As with all of life's challenges, we need time to seriously reflect where we have abused God's gifts and when we face our fears head on by not running away from our issues, we are given the opportunity to re-treat so as to re enter our interior castle. There we Behold-Hold-Enfold and Listen to our hearts not our ego driven agendas to what God has prepared for those who truly surrender their heart to Love and Light, then nothing else really matters. Or does it? When friends heard about my decision to become an enclosed Interfaith Franciscan monk living to the simple rule of Providence (trusting in God to meet all my daily needs, not wants), they looked at me as if I had a mental breakdown or that I truly had lost it! You could say that yes, my persona has shown the cracks in my life; cracks which are so essential for they allow more of God's light into my life!

In the build up towards celebrating the spiritual benefits of Easter, in prayer I discerned that Jesus was speaking to my heart a simple message which must be shared with not only the members of the Tau Community of St. Francis but to all our friends and their associates about an energetic shift which is causing disquiet

for many souls. In fact, these challenges are ongoing through 2010 to 21<sup>st</sup> December 2011. I was told that '**Many individuals are now being severely tested to the point of being removed.**' At first, I began to reflect more on what was behind the message rather than allow my mind insist on answers to the statement, 'they will be removed.' I sensed God's Spirit assure my heart that if we say one thing and behave in a different manner like the Therapists or Light Workers who say they love working with the Love and Light but in whose hearts, they are alienated from God's light, then they need to heed what God is now saying to their heart.

Please allow me to clarify what I am trying to share with your hearts here. In 2006, I was given a specific message to warn our Therapists who were in training as Essenic Energy Medicine Practitioners within our academy that, 'America would fall and its actions would take the rest of the world with it in 2009! I knew that once I shared this that there would be a 'pay back' when friends would instantly begin accusing me of being totally mad! When the truth came out, I began receiving many hateful replies but I was guided not to overreact or retaliate but hold the financial institutions in prayer. Then, when the news broke, it was painfully clear that God's message came true when a financial crisis of the worst possible scenario broke across the world devastating so many innocent lives caused by man's insatiable greed, etc

In 2010, God's Spirit is speaking another message of great significance and it challenges each and every soul not to process what God is saying to their hearts using NLP. What we are guided to do is, '**to surrender our hearts to God.**' For many individuals, this is seen as handing over one's personal control and running the gauntlet of self destruction! It is my sole belief that until we surrender our hearts back to our Creator, then we shall not enjoy God Abundance or protection from the anti Christ within our ego driven quest for notoriety and fame. Yes, many enlightened souls have been inspired by God to write about this but sadly, as with all human nature, many resort to creating disciples to feed their own ego rather than take the emphasis off the 'Me culture' and surrender their hearts to their God.

So, before we run off to buy this or that course or well acclaimed book by our favorite author/s, please can I suggest that you honor your Higher Self by first asking God is this or that the right thing for you to do? Otherwise, you run the risk of being taken off course not by God's Spirit of Liberation and Peace, but

more by an insatiable thirst to feed ones ego. Truth, is what we are guided to follow and the only way we can discern God's truth for our chosen destiny is to reflect in silence seeking God's will for our life. If this request is seen as control, then I know in my heart that the light of God's absolute love has been compromised by an ego driven entity seeking to distract us off our chosen path.

My heart is saying something which is really simple but based on many years of supporting clients who insist on doing things their own way, simplicity is not a word they want to hear. It would suggest to me that those who live in the 'me culture' don't fully understand or wish to accept the true meaning of the word simplicity because of its implications in their life. On the other end of the spectrum, the majority of individuals who prefer chaos to peace and where confusion is the norm in their lives, this leaves little scope for clarity! Instead of chasing rainbows or looking for the crock of gold at the end of the rainbow, if we are truly honest to our 'Divine Self' within, then we know that when we finally surrender our heart back to Source, only then will we have more than what the books about Abundance tells us! On the other hand, should you continue to ignore my simple message from the heart, then that is OK too! I still believe that God will continue to embrace us even if we choose not to listen. That is the gift of free will unlike any other galaxy which do not have such a gift as we here on planet earth.

The message about facing challenging times ahead with the possibility of being side stepped, this will not apply to those who 'Walk God's Talk.' With the dawn of Aquarius fast approaching mankind, 2012 is a time when we have nothing to fear if we have surrendered our hearts to God-a God known by many names. In saying that, a more poignant message to those who oppose God's love by blocking the advent of the energies of the Cosmic Christ we know that they will be taken care of by God!

Many light workers who have received the same message to surrender their hearts today also know that God's opponents 'the antichrist,' will be removed physically. In other words, one minute they are standing in front of you and in the next minute, they will have completely disappeared as if they were never there! Jesus did say to His followers that He would send another, the Spirit of God, who would guide, protect and support all those who remained loyal to God's truth.' 2012 also means that the past two thousand years which have been completely under the control of the antichrist will finally come to an end on 21<sup>st</sup> December 2012. This has already been prophesied and that prophesy is now unfolding as we speak. Or, again, as

Jesus once said to His followers, 'those who have ears to hear-will hear.' But I know from my early days as a nursing monk in the Catholic Church, there was another freely used expression to sum up in lay man's language which reads, 'You can bring a horse to the well but you can't make him drink if he refuses.'

So, there we have a gentle reminder from a God of absolute love who abhors a religion which enslaves as well as shackles the hearts of God's children and turns them into voiceless slaves. Today, we are seeing the devastating impact of man's insatiable greed to control the innocent when we read of the recent sex scandals which has rocked the seat of Christianity that of the Catholic Church. Like Christ and many of His followers, we are in excellent company for we too are paying the price for God by being singled out for unfair criticism or labeled New Age or heretical! Despite this miscarriage of Christian love we refuse to give into the unfair criticism which many Christian clerics have unfairly leveled at the Tau Community for daring to be different. As Gandhi once said, 'I Like your Christ but I don't like your Christians because they are not like their Christ.'

Today, I accept that the Spirit of God is speaking not to clerics who are embroiled in historical indifference and whose way of life is more concerned not on being receptive to positive change but is more about not breaking from their rituals and Traditions. If ever God needed like minded souls to empower a religious people who appear to be listening but in whose hearts have become alienated from God's perfect love, such a time is surely today!

Looking back on the past several years when we first were given the simple challenge from St. Francis, though many of us have grappled with a myriad of challenges to either walk away or abandon God's vision for a better world where religion as we know it today would be replaced by the essence of God's love in pure spirituality. I continue to see within certain members of my own family the sheer impact of a fear driven religion where the person is literally living in fear of God! Surely, that cannot be religion or is it? When I was asked by a client six years ago what was the difference between religion and spirituality? At first, I couldn't give an appropriate answer but immediately my client went on to say that in her opinion, 'religion is for those who live in fear of hell whereas spirituality is for those of us who have come through hell.' Another client added, 'religion that has no love is not religion but slavery to ego.' I believe that as a Christian, Christ demonstrated perfect love which was more associated with the essence of spirituality and not as a man made religion which held the soul in bondage. His love came to set us free

but how disappointing that many of the men and women whose lives were dedicated to Christ showed an uglier face-the face of pure evil which infiltrated a Church founded on a Gospel of Love. Is this religion or spirituality?

Aware of the weight of office, Barach Obama at his induction as the first all black American President, fought off his doubters who were determined that he would not free the black people from their oppressors, he raised his voice several octaves by saying, 'Oh, yes we can!' and so can we today despite all the negativism and corruption within Church and State, we are now encouraged by God's Spirit to surrender our hearts and together with all of the Ascended Masters, shout aloud not as a divided religious group but as one loving interreligious family, shout out across the valleys and hills **'Oh, yes we can!'**

If having read this message you are aware that there are issues in your personal or spiritual life which require sensitive handling from an experienced member of our community, then all you have to do is ask!

On a more practical note, if you are mentally, physically and spiritually drained and desperately seeking respite in a homely relaxed non religious environment where respect, integrity and a non judgmental approach would empower the healing process in your faith journey, then why not consider joining us here. Please feel free to click on the monastery website for details of what we can offer you, etc. [www.monasteryofsaintfrancis.com](http://www.monasteryofsaintfrancis.com)

Having read the above Newsletter or having visited our websites, you might be thinking that you cannot be associated with anything that is **'RELIGIOUS OR REPRESENTING A RELIGION!'** Please trust me when I say to your heart that as members of the Tau Community of Interfaith Franciscans of St. Francis, we are not affiliated with any Church, or a specific religion.

Our mandate given to our hearts back n July 2006 when we were given a simple vision from Lord Kutumi, St. Francis, 'to restore all God's people as one loving family through demonstrating unity, peace and compassion.'

And again, in April 2008 at the tomb of St. Francis in Assisi, Italy, we were guided to establish an interfaith monastic community for men and women representative of all faiths welcoming into our family those who are celibate, married, widowed, divorced, separated and single. They will range from 21

years to 90 years. They may be young, old, gay, lesbian even heterosexual. Even the wounded and well are welcome.

**The mandate was to establish an eco sustainable project which will accommodate the following:**

- Eco Pods where the monastics will live as part of the 'Abbey of Saint Francis of Peace and Compassion.'
- Create a pet cemetery and animal healing sanctuary for sick and abandoned animals.
- Establish a market garden where the produce will be sold to support the needs of the community.
- Establish a range of hermitages for persons hoping to make a retreat.
- A Monastery Tea room where we will exhibit our arts and crafts and homemade produce, including honey chutneys, free range eggs, etc

Our Easter Gift to your hearts from the Tau Interfaith Franciscans is the following CD Download 'Embracing the Christ Energies.' The CD has 2 tracks. No: 1 is a message from the heart about 2012 and No: 2: is a powerful meditation with Brother Sean empowering the soul embrace the healing energies of the Cosmic Christ to self heal. This CD was recorded on Holy Island off the North East Coast of England.

Please click on the weblink below to activate the CD Download

**Heal Yourself with the Christ Energy –**  
<http://www.sean-bradley.com/22658thankyou.htm>

**Namaste**

Brother Sean TCOSE

[www.brotherseanbradley.com](http://www.brotherseanbradley.com)